

PALANCA

(10 minutes. No discussion, no poster, no summary sharing. This talk is given by an outside team member that has experienced palanca.)

Please limit your talk to the time allowed for this talk. In order to successfully complete the program every effort must be made to be on schedule. Time is of the essence and your cooperation is extremely important. If you are witnessing, please do it within the theme and within the outline of this talk. You may want to share what palanca have you been doing for the success of this REC. Palanca letters are distributed at the end of this talk.

Open with a short prayer.

Purpose: This is the last talk of Day 1 and should send the men to their dormitories with the knowledge that they are in the prayers of hundreds of people outside the walls and have been in their prayers for many months. This is a turning point in REC where the men are shown that they have died to themselves and are now alive in Christ with a community of believers. They are not isolated.

Points to cover in your talk:

1. Palanca is Spanish for "lever". Explain the function of "palanca" and use a poster if you want.
2. Palanca is a spiritual support. There are many people praying and making sacrifices to push down the lever to raise us up to God.
3. The outside team has been meeting and praying since _____.
4. Explain examples of palanca:
 - Fasting
 - Praying: the rosary or our own prayers
 - Giving things up
 - Doing things for others that you don't want to do, i.e. smiling when you are angry, being patient when you are frustrated, etc.
 - Extra masses
 - Meditating
 - Give examples of "palanca" that you have done.
5. How do you feel when you do "palanca" and when you are the recipient of "palanca"? Read a few pieces of general "palanca". Announce that individual palanca letters will be distributed now.

NOTE: The volunteers in charge of palanca should have developed a procedure for the distribution of palanca at the end of this talk. They should be ready to start at the signal from the speaker.