



NOTE: You must have your talk ready for one of the inside meetings. You will be notified in advance of the date and time. On that date you will read your talk to the teams and they will make suggestions for improvement. Listen to the suggestions and make the necessary changes. Explain your point of view if you don't agree with any of the suggestions. Remember, you are the most important part of this talk, not the words you use or the way you say it.

**At the inside team formation meetings the Lay Director will meet on a one to one basis with the assignee for this talk to coach him. The message stressing the need to improve one's self must be clear. It is an advantage to prepare and better yourself while you are serving time. You should take the opportunity to build up yourself and aim to a better life after release.**